

**Domain: Outdoor spaces and Buildings**

**Goal #1: Outdoor spaces and buildings will have more way-stations for all people and promote use by all people**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Collaborate with Cross Insurance center staff to install interior and exterior benches	Tony Vale (CIC), city of Bangor, Livable Communities Committee (BLCC)	Fall 2018	Possible AARP grant funds, budget allocation	Lack of funding	CIC, city staff	Dirigo Pines and other entities will begin bringing residents to CIC for events again	Greater number of older adults will attend CIC events	Completed
Collaborate, participate and promote efforts to upgrade city hall	BLCC, Deb Cyr (City of Bangor)	2019 and 2020	Potential AARP Funding for specific items?	funding	BLCC, Walk n' roll	BLCC members will participate in relevant city discussions	Designs that enhance use by all people including older adults will be adopted	In Progress
Explore funding 1-2 more bus shelters in high use or vulnerable locations	BLCC Community Connector, Transportation For All (TFA)	2019/2020	Potential AARP challenge grant opportunity, private business	Funding, right of way issues, cost to shovel and maintain	City of Bangor, private business, BLCC	1-2 new bus shelters are built	Bus shelters protect citizens from weather elements	In Progress

**Domain: Transportation**

**Goal #1: Support on-going initiatives to improve transportation resources and quality in Bangor over the next 3 years**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Support and promote efforts of all entities working on transportation 'transportation for all' (TFA), Walk N' Roll Community connector, Penquis/Lynx	BLCC subgroup	On-going	Community Connector, Penquis Lynx, Uber, taxi	Funding	Community connector, Lynx, city BACTS committee, TFA	Increased use by older adults	Improved transportation options for older adults	In Progress
Work with Downtown Partnership to enhance transportation options in the downtown center	BLCC,	Fall 2019	Downtown Bangor Partnership, Walk n roll, TFA, Bike Coalition, Green drinks	funding	Downtown Bangor Partnership, TFA, Walk N' Roll, Bike coalition, green drinks	Greater use of downtown businesses	All people will have greater access to activities in the downtown center	Not started, explore other groups to work with besides Downtown Bangor Partnership
Promote awareness of "complete streets" policies and benefits to the city	Anne Krieg (City of Bangor) and Patty Hamilton	Fall 2019	Planning board, committee citizens, city staff	Planning board, might be cost prohibitive	BLCC perhaps transportation subgroup	TFA, LCC, Walk n' Roll	More streets have both sidewalks and bike lanes	Not started

Partner with Walk N' Roll to establish a winter "golden shovel" award program among downtown center	Walk n' roll, BLCC	Winter 2018 and 2019	EAAA, Livable, TFA, Walk n' roll	EAAA, BLCC, TFA, Walk n' roll	Business, chamber of commerce, EAAA, BLCC Walk n' Roll	First annual golden shovel award winter 2019	Downtown streets are shoveled and there are more 'passable' days	Started and Ongoing
Research idea of paper discount bus tickets vs coins for older adults	TFA, Walk n' Roll	Spring 2019	Community connector, vendors (Hannaford, Library, city hall)	Cost ability to screen passengers for age	Community connector, vendors (Hannaford, Library, city hall)	New tickets released & in use	Older adults no longer have to carry coins for senior fare rides	Not started

**Domain: Housing**

**Goal #1: Support on-going initiatives to improve housing resources and quality in Bangor over the next 3 years**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Livable committee will participate in the city housing task force	BLCC housing subcommittee, task force members	On-going	CED committee, Penquis, HUD, PH&CS	Cost, time	Penquis, private developers, city of Bangor	Increased availability of affordable housing for older adults	Improved housing options for older adults	Completed
Provide information to older adults about Bangor's tax abatement process and requirements	BLCC	Fall 2018	City staff, PH&CS/GA program, EAAA	None noted	City website, EAAA, Penquis	More low income older adults will know how to access the program	More older adults who qualify are able to age in place for a longer duration	Completed

Promote awareness of EAAA EZ Fix program and Comfortably Home	EAAA, City of Bangor, Old town housing	Fall 2018		None noted	EAAA, Old Town Housing	Older adults will know how to access these programs	Access to these program may allow older adults to live in their homes and communities longer	Started and Ongoing
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**Domain: Social Participation**

**Goal #1: Bangor Residents will have greater access to full social participation in all desired city activities and opportunities**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Explore the viability of a self-sustaining intergenerational community center	BLCC	Spring 2020	EAAA, Multicultural Center, SJH , City of Bangor	Funding for Feasibility study funding	City, EAAA, Penquis, Bangor Y, UMaine Center on Aging	Complete feasibility study	Study completed	In Progress
Promote Penobscot Valley Senior college	Senior College Marketing Committee	On-going	BLCC, city website, member organizations websites	Reaching a broader audience	BLCC, CoA, EAAA, Bangor Y	Older adults know about PVSC classes.	Greater numbers of older adults will participate in “Senior College programing”	Started and Ongoing

**Domain: Respect and Social Inclusion**

**Goal #1: Increase awareness of the need for volunteers in Greater Bangor across all sectors.**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Develop a coordinated Community Plan to promote volunteerism in Greater Bangor	BLCC and the Eastern Maine Volunteer Peer to Peer Network	Spring 2019	Eastern Maine Volunteer Peer to Peer Network, United Way of Eastern Maine, Bangor Chamber of Commerce, City of Bangor		All nonprofits in Bangor especially those associated with the Eastern Maine Volunteer Peer-to- Peer Network.	More non-Profit entities are involved in a coordinated effort.	Creation of a PSA for volunteer recruitment.	Completed and Ongoing
Work with local TV stations and newspapers to develop a Public Service Announcement Campaign	BLCC, all media outlets and the Bangor Daily News	Spring 2019	Eastern Maine Volunteer Peer to Peer Network, Bangor Chamber of Commerce, City of Bangor	Funding for marketing/PSA	All nonprofits in Bangor especially those associated with the Eastern Maine Volunteer Peer- to- Peer Network.	Creation of a PSA for volunteer recruitment.	PSA runs on local TV stations.	Completed and Ongoing

**Goal #2: To create a welcoming community that encourages new Mainers to come to Bangor.**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Collaborate with the Multicultural Center to promote Activities that emphasize inclusion and diversity.	BLCC, Multicultural Center Staff, Community Ambassadors	Fall 2019	City of Bangor website	Lack of understanding of the resources that the multicultural center provides.	City of Bangor, Faith Based groups	A finalized plan for promotion of multi-cultural center activities.	Increased involvement by the community in the center activities.	Not started

**Domain: Civic Participation and Employment**

**Goal #1: Identify community resources for those older adults who want to stay in the workforce.**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Promote a process that turns skilled volunteers to Permanent employees or positions that offer stipends.	BLCC, EMDC, Career Center, Volunteer Peer to Peer Network of Eastern Maine.	Ongoing	Volunteermaine.org	None noted	RSVP, Penquis (Foster Grandparent Program) EAAA	Older adults access volunteer opportunities.	Vacancies in volunteer opportunities decrease.	Not started
Offer computer training for older adults Needing more advanced skills.	Bangor Public Library	Ongoing	Bangor Public Library Computer Training	None noted	EMDC, Career Center, EAAA.	Older adults received advanced computer training.	Older adults are able to apply for jobs with advanced computer skills needed.	Started and Ongoing
Assess current community Resources for older adults wanting to reenter the workforce.	BLCC, EMDC, Career Center	Summer 2019	A link on the city website for job postings.	None noted	EMDC, Career Center, AARP	Older adults complete surveys on reentering the workforce.	Data is gathered on the number of older adults searching for employment.	Not started

**Domain: Communication and Information**

**Goal #1: Promote activities to encourage community interaction across all neighborhoods and combat social isolation.**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Create a coordinated communications platform that promotes community activities.	Bangor Public Library, BLCC, Bangor Chamber, Fourth Economy	Spring 2020	City of Bangor Website, Bangor Chamber Website, Bangor Parks and Rec.	Having community members and businesses agree on one platform.	NESCOM Student project.	An electronic platform is created.	Bangor residents have easy access to community events.	In Progress
Promote and update the Senior Yellow Pages.	BLCC, Gateway Seniors Without Walls.	Ongoing	Libraries, BLCC members	Cost for reprinting books	EAAA, Bangor Public Library, Center on Aging	The website kept updated with new resources.	Bangor residents continue to use the Yellow Pages as a resource.	Completed

**Domain: Community Support and Health Services**

**Goal #1: Identify gaps in the community for needed services and promote those local organizations and groups who offer resources to the community without duplicating efforts.**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
Promote local groups and organizations in Greater Bangor who offer needed services to older adults.	BLCC	Ongoing	211, City of Bangor Website.	None noted	EAAA, Penquis, Gateway Seniors Without Walls, AARP, Bangor Y, UMaine Center on Aging.	Increased use by older adults.	Older adults will have more access to services that will allow them to age in place.	Started and Ongoing

Encourage an ongoing dialogue with local hospitals regarding the need for accessible transportation to access health services.	Walk n Roll, TFA, Penquis	Ongoing	Community Connector, Penquis Lynx, Uber, taxi	Changes to bus route to accommodate ridership.	Community connector, Lynx, city BACTS committee, TFA	More options for transportation to medical appointments.	Older Adults have easier access to medical appointments.	Not Started
Explore the Feasibility of a medical loan supply closet.	BLCC, St. Joseph's Healthcare, EMMC, Partners for World Health	Spring 2020	Space, volunteer to inventory supplies and coordinate loans	Cost and coordination	Husson University, Eastern Maine Community College, SJH	Older adults have access to needed medical supplies.	A loan supply closet is created	Started and Ongoing

**Additions to the Plan since July 2018**

Activities	By whom	By when	Resources and Supports	Potential barriers	Partnerships	Metrics	Outcome	Status
<b>New:</b> Host a volunteer Fair to promote BLCC organizations and volunteerism in Greater Bangor	BLCC Volunteerism Subcommittee	November 2019	Space, marketing of event	None noted	Christine B. Foundation, Penquis, EAAA, United Way	Opportunity for area businesses to promote volunteer needs.	More community members sign up for volunteer opportunities.	Completed
<b>New:</b> FitLot installed at Broadway Park in Bangor	City of Bangor, Bangor Parks and Recreation	July 2019	Outdoor space, marketing, volunteer time.	None noted	BLCC members, AARP, Bangor Parks and Rec	Older adults have access to outdoor fitness options.	Older adults participate in fitness activities.	Completed



<b>New:</b> Bus shelter installed in front of DHHS offices	DHHS, City of Bangor, Local Businesses	September 2019	Community Connector, TFA, Walk n' Roll	Funding	DHHS, City of Bangor, Community Connector	Increased use of the Community Connector.	Community members have more outdoor shelters available when waiting for the Community Connector	Completed
<b>New:</b> Upgrades to City Hall Steps and Windows	City of Bangor	Spring 2020	Bangor residents	Funding		Ease of access to City Hall.	More Bangor residents will visit City Hall.	In Progress
<b>New:</b> Independent report on the Community Connector	City of Bangor, Walk n' Roll, TFA	December 2019	Penquis, Bangor Daily News, DoT	None noted	Walk n' Roll, TFA	Identified successes and areas for improvement for local transit.	Completed report to the community	Completed
<b>New:</b> Research home share options across the Country	Bangor Public Health, EAAA	January 2020	Home share programs in VT and NH	None noted	Universities and colleges, local hospitals, large employers in Greater Bangor	Identifying other housing options for Bangor residents.	Creation of a Home Share subcommittee.	In Progress
<b>New:</b> GWEP	UMaine Center on Aging, EAAA	September 2019	University of New England	None noted	Acadia Hospital	Increased health resources for adults as they age.	The creation of an age friendly health system in Maine.	In Progress
<b>New:</b> Collaborate with Partners for World Health for a Medical Loan Closet resource	BLCC	September 2018	University of Maine Student Program	None noted	St. Joseph Hospital	Increased awareness of community resources for medical equipment.	Older adults will have access to medical equipment at a lower cost.	Completed and Ongoing

<b>New:</b> Develop resources for end of Life Care through hospice and the Conversation Project	UMaine Center on Aging, Collaborative for Hospice and End of Life Care	September 2019	Share survey with community members, provide feedback on resource materials.	None Noted	St. Joseph Hospital, Acadia, Northern Light Health	Increased awareness of hospice resources.	Increased access to hospice resources.	In Progress
<b>New:</b> Purchase of three buses for the City of Bangor.	City of Bangor	2020	Community Connector, TFA, Walk N Roll	None Noted	Community Connector, TFA, Walk N Roll	Additional riders and rides.	Additional buses for public transit service in Greater Bangor	In Progress
<b>New:</b> City of Bangor to oversee Paratransit Program	City of Bangor	Fall 2018	Marketing of change	None noted	Penquis	Number of residents utilizing the service.	Increased ridership	Completed
<b>New:</b> BLCC to collaborate with Fourth Economy Consulting	City of Bangor, BLCC, EAAA	Winter 2019	Current resource listings available for Greater Bangor	None Noted	AARP	Cataloging available resources for the city of Bangor for creating a user friendly web based digital dashboard.	Easy to use web based system for anyone to identify resources, events and support in Greater Bangor	In Progress