



Everyday Cleaning and Disinfecting

US CDC recommends **daily cleaning and disinfecting of regularly touched areas like:** tables, doorknobs, light switches, counter tops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

1) The first step is to clean surfaces if they are dirty.

Use detergent or soap and water for this part of the job.

2) Next, it's time to disinfect.

Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for the surface.

Options include:

Diluting your household bleach

To make a bleach solution, mix:

5 tablespoons (1/3rd cup) bleach per gallon of water

OR

4 teaspoons bleach per quart of water

Follow manufacturer's instructions on how to apply and how much fresh air (ventilation) is needed.

Check to ensure the bleach is not past its expiration date.

Never mix household bleach with ammonia or any other cleanser.

Alcohol solutions

Make sure the solution has at least 70% alcohol.

Other common EPA-registered household disinfectants

Products with [EPA-approved emerging viral pathogens claims](#) are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products.

For detailed information about everyday cleaning and disinfecting, and additional steps to take when someone is sick, go to: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

